

THE CATHOLIC COMMUNITY OF ST. JOHN THE APOSTLE

2340 Baseline Road, Ottawa, Ontario K2C 0C9 Parish Office: 613-829-1760 / Fax: 613-829-2931

Office email: office@stjohntheapostleparish.com Website: www.stjohntheapostleparish.com

Bookkeeper's email: bookkeeper@stjohntheapostleparish.com

Pastor's email: pastor@stjohntheapostleparish.com



PARISH MISSION STATEMENT

The St. John the Apostle parish community, inspired by the Holy Spirit, strives to witness to the presence of Christ
(Parish established October 8, 1966)

Pastor: Rev. Emeka Onyeogubalu
Deacon: Deacon Victor Mesta
Office Administrator: Franca Morrison
Bookkeeping: Joanne Bazdell
Maintenance: Steve Short

PARISH OFFICE HOURS:

Monday - Thursday, 9:00 - 12:00; 1:00 - 3:30

SACRAMENT OF BAPTISM:

Baptismal preparation is required. Please call the Parish Office 613-829-1760.

SACRAMENTS OF FIRST COMMUNION AND CONFIRMATION:

Please call the Parish Office 613-829-1760.

SACRAMENT OF MATRIMONY:

Preparation is required.
Please call the Parish Office 613-829-1760 at least nine months in advance.

SACRAMENT OF THE SICK: Please call the Parish Office 613-829-1760 to make arrangements.

FUNERAL ENQUIRIES: Please contact the Parish Office 613-829-1760.

FINANCE COUNCIL: Ray Kostuch (Chair) John Schembri
Chris Pereira Marie Weerasooriya-Epps

BUILDING COMMITTEE: Gino Brancatelli (Chair) Paul Gillis
Bob Williamson John Schembri
Don Percy Adel Iskandar

PARISH PASTORAL COUNCIL: Ian Moffat (Chair)
Rosemary Fikis Heather Petti Mary Jean Thompson
Fred Adibe Sandra Brancatelli Deacon Victor Mesta
Jeff Alguire Christine Buccione Richard Abakah-Akumah

Sunday Eucharist

Saturday: 5:00 pm Sunday: 8:00 am, 10:30 am,
Children's Liturgy generally at 10:30am Mass (Sept. to June)

Weekday Liturgy

Eucharist: Tues, Wed, Thurs & Fri at 9:00 am
and 1st Saturday of month: 9:00 am

Rosary and Divine Mercy Chaplet: prayed before weekday Mass 8:30am

Eucharistic Adoration: First Friday of the Month, following 9am Mass
until 10:30am

CONFESSIONS: 8:30 am Tuesday - Friday

Saturdays 4:00 - 4:30 pm; and on request

PARISH MINISTRIES AND GROUPS

CATHOLIC WOMEN'S LEAGUE	Rosemary Fikis	fikism@proton.me	
CHILDREN'S LITURGY	Lynn Dal Farra		613-721-8111
COUNTERS	Kerri Courville	courvillek3@gmail.com	
DIVINE MERCY CENACLE:	Doreen Aaron	doreen.aaron@gmail.com	
KNIGHTS OF COLUMBUS			
Council 10470	Jamie Burnett	jamesmichaelburnett@gmail.com	613-447-0489
MINISTERS OF COMMUNION	Mary Jean Thompson	r.thompson1@rogers.com	613-226-7219
MUSIC MINISTRY	5pm	Joanne Parenteau	joanneparenteau@gmail.com
	8am	Jamie Burnett	jamesmichaelburnett@gmail.com 613-224-8081
	10:30am	Lisa-Marie Flynn	lisamarielynn13@gmail.com 613-614-5566
PRO-LIFE MINISTRY		James Lariviere	jmlariv@protonmail.com 613-883-8670
		Family Support Center	1-800-665-0570
READERS/COMMENTATORS		Laura Recoskie	lrecoskie@gmail.com 613 596-0905
RESPONSIBLE MINISTRY		Parish Office	613-829-1760
SACRISTANS/ENVIRONMENT		Angela Beimers	613-829-0320
SENIORS MINISTRY		Claudette Joseph	claudette43@rogers.com 613-829-6013
USHERS		Gerry Fikis	fikisgw@pm.me 613-723-0728

FOOD BANKS		Morrison Gardens Food Bank	613-596-6229
		Pinecrest Food Cupboard	613-596-6703

AREA SCHOOLS			
Our Lady of Victory	613-828-5594	St. John XXIII	613-226-6223
St. John the Apostle	613-828-0644	St. Paul High School	613-820-9705

WELCOME NEW PARISHIONERS

The people of St. John the Apostle Parish Community extend a warm welcome to our parish family! Kindly introduce yourself to the priest and register your family with our community. Please call the parish office if you have any questions. (Please complete the information below and place in the collection basket)

NAME: _____ TEL: _____ ADDRESS: _____ Postal Code: _____

PARISH INTEREST: _____ WOULD YOU LIKE TO USE SUNDAY COLLECTION ENVELOPES? Yes ___ No ___

FIRST SUNDAY OF LENT

	Lectors	Ministers of Communion
March 15th/16th – Second Sunday of Lent		
	Presider: Fr. Emeka Onyeogubalu	
5:00 pm	#1 Yvonne Munro #2 Mary Ellen Agnel	Deacon Victor Yoli Mesta Gina Madrigano
	Presider: Fr. Emeka Onyeogubalu	
8:00am	#1 Alphonsa Fernandes #2 Sabrina Pedulla	Jacques Theodore Mary Jean Thompson
	Presider: Fr. Emeka Onyeogubalu	
10:30am	#1 Judith Gray #2 Janet Snider Belot	Eileen Gallant Fatima Peiris Harrison Peiris

*If you are unable to serve as scheduled
Please ensure that you have found a replacement.*



LENTEN PRAYER

Heavenly Father,

*As I enter this week of my Lenten journey,
guide me to the path that leads to you. Fill my
heart with gratitude, patience, strength, and
peace as I strive to become the best version
of myself. Let me hear your voice in the
deepest reaches of my heart. Give me rest in
you. Help me to accept others, showing them
your great love instead of casting judgment.
Stay with me through the busy days this week
and remind me that when I need comfort,
solitude, wisdom, or guidance, I can always
turn to you.*

Amen.



Stations of the Cross – 7:00pm in the Church every Friday during Lent – This is a beautiful devotion that can help us better understand Jesus' journey. Everyone is welcome to join us as we prepare ourselves to celebrate Christ's sacred mystery. This week's Stations will be hosted by the Divine Mercy Cenacle..

Dates to Remember

March/April 19th – 40 Cans for Lent

March 14th – Stations of the Cross 7pm



The Knights of Columbus will be conducting their annual **"40 Cans for Lent"** food/cash drive again this year, **beginning Ash Wednesday, March 5th, through Holy Saturday, April 19th .**

Your support through food and monetary donations will be very much appreciated. Food donations can be dropped off at both entrances during all Masses, or to the parish office during regular office hours. Monetary contributions can be made using the specially marked envelopes available at the entrances or directly in the parish office. Monetary donations can also be sent to:
bookkeeper@stjohntheapostleparish.com
with the notation that those donations are for the "40 Cans for Lent". Please see the poster in the glass house for further details.



The Canonical Norms for Lent are as follows: Ash Wednesday and Good Friday are days of fast and abstinence. All Fridays of Lent are days of abstinence.

Fasting binds all persons who have completed their 18th birthday through those who have completed their 59th year, unless prevented by poor health. On days of fast, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to one's own needs. Eating between meals is not allowed although fluids may be taken.

Abstinence binds all persons who have completed their 14th birthday, unless prevented by poor health. In the Archdiocese of Ottawa, the consumption of meat is not allowed on Ash Wednesday, Good Friday, and all Fridays of Lent. Religious practices such as daily Mass, going to Confession, the Stations of the Cross, works of charity and justice, and acts of self-denial are highly encouraged.



SUNDAY SMILE

Lent, a time to examine your selfie.

Around the Diocese:

St. Patrick's Day Pilgrimage, Sat. March 17th

Come walk with us! Celebrate the 9a.m. Mass at St. Patrick's Fallowfield, Barrhaven and pilgrimage to St. Patrick's Basilica, Ottawa. Check out the Pilgrimage details and sign up! Check the route, need for a ride or able to provide a ride, optional start/finish points, potluck dish/volunteer cleanup here link:

<https://tinyurl.com/St-Patrick-Pilgrimage>

Journey Through Lent Video Series, presented by the Canadian Conference of Catholic Bishops. Weekly reflections for the Lenten season, featuring pastoral reflections based on the Readings for the Sunday Eucharistic Celebration and providing spiritual inspiration and guidance on how to prepare for the Easter season. www.cccb.ca

Lenten Mission: Wish you knew the Bible better? **Mission theme: One Lord, One Hope, One Story.**

Presented by Deacon Dave Mulcair, at Blessed Sacrament Parish, Ottawa. March 20th, 27th and April 3rd, 6:30pm-8:30pm. For more information and to register please visit:

www.blessedsacrament.ca/lenen-mission

Registration Deadline: Friday, March 14.

"Hope in God's Promises" – Lenten Retreat for Single Mothers. Join other single mothers for a virtual Lenten Retreat, hosted by Momentum Catholic Single Mothers, and dive into the hope found in God's promises. This retreat will offer a chance to pause, reflect, and grow in our faith. March 28th/29th. To register visit:

<https://www.momentummothers.org/>

Jubilee Year Tour 2025, Sept. 1st -16th, 2025 with Father Glicerio Jimenz. Six countries. Audience with the Pope, Holy Door, etc. See posters at the entrances. For tour info. Call Fr. Glicerio 613-874-0111.



Easter Flowers: Envelopes are available at both entrances to the church for those who wish to make a donation for our Easter flowers.

Mass Intentions

Sat. March 8th – 5:00pm

✠ Denise Marie Nanke by Monique Labrecque

Sun. March 9th – 8:00am

For the intentions of all our parishioners.

Sun. March 9th – 10:30am

✠ Marian Marcotte Knowles by Irene Bonner and family.

✠ Chiara Lubich by Focolare Movement

Tues. March 11th – 9:00am

For the Holy Souls in Purgatory
by Carol Danis

Wed. March 12th – 9:00am

✠ Marzia Bertolini by S. Bertolini

Sat. March 15th – 5:00pm

✠ Adele White by Peter White

✠ Jean Roy by Karyn Sheridan

Sun. March 16th – 8:00am

Sun. March 16th – 10:30am

✠ indicates deceased



Please remember the sick and their families who journey with them, especially Angela Beimers, Paul Chamailard, Guy Somers-Neal and Pearl Beausoleil.

Prayers and sympathy for those who have passed away, remembering Mary Kathryn Mowat.



March 17th – St. Patrick's Day
Patron Saint of Ireland and Nigeria

Shamrocks are available this weekend and the next weekend at both entrances to the church in support of St. Patrick's Home. **All** monies received go **directly** to support the needs of the residents of St. Patrick's Home. In the past St. John's has always been a strong supporter of this fundraising event. Thank you for your continued generous support.

*Hate cannot drive out hate,
only love can do that.*

Martin Luther King, Jr.



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